

10 phrases that may help when giving medications to someone with dementia

1

"It's time for your vitamins."

Frame the medication as something positive for their health, like a daily vitamin.

2

"This will help you feel better."

Emphasize the positive impact the medication can have on their well-being.

3

"It's a special treat just for you."

Make taking the medication feel like a treat or reward.

4

"Let's take our medicine together."

Show solidarity by taking medication yourself (if appropriate) to make it a shared experience.

5

"The doctor said this will help with [specific symptom]."

Provide a reason related to their health condition.

6

"Remember how this helps you sleep better?"

Remind them of the benefits they've experienced before.

7

"It's like magic to make you feel strong."

Use imaginative language to make the medication seem special.

8

"This is your superhero medicine."

Tap into their imagination and make it fun.

9

"I took mine already, and it was so easy!"

Use a little white lie to encourage them to follow suit.

10

"Let's celebrate taking our medicine with a little treat afterward."

Offer a small reward or treat as motivation.

NO

