

COMMON EARLY STAGE ALZHEIMER'S & DEMENTIA CHANGES

What families often begin to notice as dementia progresses

REPEATING QUESTIONS

They may begin asking the same things over and over because they cannot hold onto new information the same way

TROUBLE MANAGING TASKS

Bills, appointments, medications, or familiar routines may start becoming harder to keep up with.

WORD-FINDING PROBLEMS

They may pause more in conversation, lose their train of thought, or struggle to find the right word.

MOOD OR PERSONALITY CHANGES

Anxiety, frustration, irritability, or withdrawal may begin showing up more often.

MILD CONFUSION

They may lose track of time, forget recent events, or become confused in familiar situations.

Every person is different, but these are some of the most common middle stage changes families begin to notice.