

COMMON MIDDLE STAGE ALZHEIMER'S & DEMENTIA CHANGES

What families often begin to notice as dementia progresses

INCREASED CONFUSION

Your loved one may become more confused about time, place, people, or what is happening around them.

WANDERING RISK

They may begin pacing, trying to leave the house, or becoming restless and unsure of where they are.

HELP WITH HYGIENE

Bathing, dressing, grooming, and toileting often become harder and may require more hands-on help.

BEHAVIOR CHANGES

Agitation, suspicion, resistance, frustration, or mood changes may become more common during this stage.

SLEEP CHANGES

Many people begin sleeping more during the day, waking more at night, or showing signs of sundowning.

Every person is different, but these are some of the most common middle stage changes families begin to notice.

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