Wandering / Getting Lost Risk Checklist

Safety Checklist **Date:** _____

Use this page to help identify signs that wandering or exit-seeking may be becoming a concern.

Possible Wandering Risk Signs

- □ Tries to leave home
- □ Talks about "going home"
- □ Paces or walks frequently
- □ Becomes restless in the evening
- □ Has gotten lost before
- □ Confused about place or time
- □ Tries to follow others out
- □ Looks for old home / old job / family members
- □ Opens doors frequently
- □ Unsafe to be left alone outside

Current Safety Steps in Place

- □ Door alarms
- □ Extra locks / safety locks
- □ ID bracelet / ID information
- □ Family aware of wandering risk
- □ Neighbors informed
- □ GPS tracker / phone tracking
- □ Supervision increased
- □ Other: _____

Notes / Concerns

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Tip: Wandering can happen quickly and unexpectedly. Planning ahead matters.